



## **For Immediate Release**

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# **A BETTER YOU EXPO COMING TO THE ARENA FEBRUARY 26 & 27**

## **New Event Dates Announced**

Officials for THE ARENA at The David L. Williams Southeastern KY Ag & Expo Complex are pleased to announce that **A Better You Expo** will be coming to THE ARENA February 26 & 27.

**A Better You Expo** is being produced by Synergetic Solutions will provide an entire weekend dedicated to enlightening and encouraging everyone in the areas of personal growth, health and wellness.

**A Better You Expo** will included medical screenings, beauty tips, workout solutions, insights into better job interviews, making the most of your money, retirement planning, relaxation methods, finding the right hobbies and a variety of other topics designed to create A Better You.

**A Better You Expo** will feature a variety of events and activities throughout the weekend. The following is a sample of the kinds of companies, businesses and services that will be participating in this year's expo.

- Financial Planning and consulting
- Insurance
- Fitness centers, personal trainers, weight management
- Health and diet foods

- Water purification
- Skin care, beauty salons, nails salons, tattoo & body piercing
- Schools, colleges
- Recycling
- Behavioral counseling, marriage counseling, smoking cessation
- Health care providers, audiologists, speech pathologists
- Acupuncture
- Medical screenings
- Therapeutic devices, durable medical equipment
- Massage therapy, day spas
- Dentists, orthodontists, dental labs
- Optometrists
- Physical therapists
- Tanning salons
- Hobbies, recreation
- Senior citizen services
- Churches
- Pregnancy help centers
- Alcohol abuse and addiction services
- Boutiques, clothing
- And more.

**A Better You Expo** will be open during the following hours:

- Friday, February 26 from 4 p.m. to 9 p.m.
- Saturday, February 27 from 9 a.m. to 9 p.m.

Tickets for **A Better You Expo** are \$5 each. A special senior discount will be available on Saturday, February 27 from 9 a.m. – 11 a.m., tickets will be \$3 and available at the door only.

THE ARENA at The David L. Williams Southeastern KY Ag & Expo Complex is a brand new \$28 million multi-purpose venue featuring 5,000 fixed seats and capacities up to 6,800 seats. THE ARENA is owned by the City of Corbin and managed by SMG. Headquartered in Philadelphia, SMG provides facility services to more than 220 public venues controlling over 1.5 million entertainment seats worldwide.

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